The Flathead National Forest offers 2,600 miles of hiking trails highlighted by towering peaks, alpine meadows, wild and scenic rivers, the Hungry Horse Reservoir, lakes and streams. All can be found in the 2.3 million acres of the Flathead National Forest. The Jewel Basin, Blacktail Mountain and Big Mountain (Whitefish Mountain Resort) are located within the forest, but there are many areas from which to choose. 406-758-5200  


FINGER LAKE TRAIL  
Trail begins near the Stillwater Campground, approximately 20 miles west of Whitefish on the Tally Lake District and has unique alpine lakes lined by cliffs. Distance: 1.5 miles; 500 feet elevation gain.

HOLLAND FALLS NATIONAL RECREATION TRAIL  
Trail begins near the Holland Lake Campground, north side of Holland Lake, south of Condon on the Swan Lake District. The trail travels along Holland Lake to the falls and includes spectacular views of the Mission Mountains Wilderness. Distance: 1.3 miles; 350 feet elevation gain.

BEARDANCE TRAIL  
Trail begins off MT State Hwy 35 south of Woods Bay on the Swan Lake District. The trail descends to Flathead Lake gradually and requires a short climb back to the trailhead. And interpretive trail guide is available. Distance: 1 mile.

LION LAKE TRAIL  
Trail starts at the Lion Lake Picnic Area south of Hungry Horse on the Hungry Horse-Glacier view District. The trail follows the east shore of Lion Lake and includes gentle and rolling terrain through the woods with views of the lake. Distance: less than 1 mile.

WHITEFISH WALKERS  
The Whitefish Walkers are dedicated to promoting fitness and good health through a regular walking routine. The club publishes a monthly calendar of walks, meeting at different locations and at different times of the day. Members walk for approximately one hour and at different paces. Drop ins are always welcome. Call 406-862-0411 or email: redrover59@hotmail.com for the calendar.

Contact any of the following for maps and trail information in their district.

Hungry Horse & Glacier View Districts  
10 Hungry Horse Dr, Hungry Horse, MT 59919  
406-387-3800

Tally Lake Ranger District  
650 Wolfpack Way, Kalispell, MT 59901  
406-758-5204

Spotted Bear Ranger District  
P.O. Box190310, Hungry Horse, MT 59919  
406-758-5376

Swan Lake Ranger District  
200 Ranger Station Rd, Bigfork, MT 59911  
406-837-7500

For more information about Montana’s Flathead Valley contact:  

Flathead Convention & Visitor Bureau  
15 Depot Park  
Kalispell, MT 59901  
800-543-3105  
www.montanasflatheadvalley.com

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Alternative accessible formats of this document will be provided upon request.

Surrounded by national parks, state and national forests and protected areas, Montana’s Flathead Valley is a gateway to a wilderness area equal to the size of the state of Vermont.  
The hiking opportunities are endless!
SWAN RIVER NATURE TRAIL
Starting just outside Bigfork's town gate at the east end of Grand Avenue, the trail travels along the old River Road beside the Swan River. Sheltered by towering pines and tress, the trail is open to hiking, biking and horseback riding. Four miles round trip. 406-857-5888 www.bigfork.org

WOODLAND PARK
This beautiful 38-acre park in Kalispell is known for its rose garden, swimming pool, playgrounds and ponds teeming with waterfowl. A paved trail winds around the pond for a quiet stroll. Total length: one mile loop. Or choose a longer route following College Avenue from the park to Woodland Avenue. Take College Avenue across the Flathead Avenue bridge and turn left into Woodland Drive to Dry Bridge. Follow the trail around the pond and return to Woodland Park. Four miles round trip.

RAFTS TO TRAILS
Rails to Trails of Northwest Montana has been converting abandoned rail beds to multi-use paths for over a decade. As part of a county-wide network, the paths now connect Somers to Kalispell and are reaching out to the village of Kila. There are over 6 miles of paved trail fanning out to the west through the Flathead Valley. South of Kalispell, gravel trails are following US Highway 2 (it ends at Ashley Creek). On the other side of Ashley Creek, there is an improved gravel trail connecting to Kila. www.railstrailsmt.com

BLACKTAIL MOUNTAIN
Towering above the west shore of Flathead Lake, the Blacktail Mountain Range is known for its summer hiking along with hiking and bike trails that furnish spectacular views of Flathead Lake and the valley. A favorite trail begins at Inuman Saddle Road where it loops down to the village of Somers and across-country ski road. Six mile loop. 406-844-0999

COLUMBIA MOUNTAIN
Near Columbia Falls this mountain is a favorite destination for a short hike or a more strenuous day trip. Located on Hwy 2 between the House of Mystery and Back Rock Canyon, a US Forest Service sign on the west side of the highway points the way to the parking lot and trailhead. The Double Waterfalls hike takes you through the forest to a 30-foot double waterfall just down from the main trail. This is a spring favorite when the waterfalls blanket the slopes. Total length: four miles round trip. More ambitious hikers may want to hike to the top of Columbia Mountain for some spectacular views of the valley below. Well prepared, there is no reliable water source, so you must carry water. And the elevation gain can be a strain if you are not in good hiking shape. 12 miles round trip. Hungry Horse Ranger District 406-387-3900.